

# Y13 ROADMAP – HEALTH & SOCIAL CARE

**Subject Aim:** This course aims to offer an effective introduction to the health and social care sector. This qualification looks at the role the sector plays in the health, well-being and care of individuals.

<b>TERM 1</b>	<b>How do the body systems work in the body?</b>
	You will continue with Unit 4 Anatomy and Physiology this term and looking at the remaining body systems. You will look at the structure and function of the major components and look in more detail at malfunctions alongside monitoring and treatment options.
<b>TERM 2</b>	<b>How can I get the most out of the exam?</b>
	This term will focus on getting you through the Unit 4 exam in January. We will also be able to support individuals resitting Units 2 & 3. Strategies will develop recall and retrieval, as well as polishing those exam techniques. Once you have completed the examination we will focus on your final two coursework units.
<b>TERM 3</b>	<b>What are the functions of nutrients?</b>
	You will begin your two new coursework units focusing on Unit 13 Sexual Health and Unit 10 Nutrition. In the nutrition unit you will begin to explore dietary guidelines and the importance of nutrients. There will be discussions about the influence of factors on nutritional health and peoples' choices.
<b>TERM 4</b>	<b>Why is sexual health important in HSC?</b>
	This term in Unit 13 Health and wellbeing is not just relevant when you are an adult; it is just as relevant when you are a child and, as this unit demonstrates, health and wellbeing is of vital importance even before you are born. How can you be sexually healthy? What types of contraception are available?
<b>TERM 5</b>	<b>How are Mum and Baby supported? What factors influence nutritional health?</b>
	The final term is spent securing your target grade through improvements to Unit 10 and Unit 13 coursework. The health and wellbeing of an individual who is pregnant and the process of birth is impacted by many factors. How do you care for a newborn? What changes do you suggest to a client's diet to improve their overall health?
<b>TERM 6</b>	<b>What now?</b>
	This term will see the moderation of the two coursework units from this year.



## ASSESSMENT

- Most lessons will test your knowledge using a variety of activities including Knowledge Tests, Q&A and exam questions.
- Each and every lesson will be punctuated by various hinge questions, statements and discussion opportunities.
- Unit 4 examination will be assessed in January.
- Unit 10 and U13 coursework units will be assessed across Terms 2-5.
- There will be resit opportunities for Unit 2 in Jan and Unit 4 in June.



## INDEPENDENT LEARNING

- Knowledge Organisers are expected to be used weekly to support the learning and recap of key vocabulary as the course progresses.
- Key information will be communicated to you via your MS Teams HSC Class which may include links to relevant articles, websites and video clips.
- There will be opportunities to practice crucial retrieval and revision skills with various resources and templates provided.
- For some of the lessons there will be flipped learning tasks to prepare for you the lesson content.
- You will need to manage your time effectively in order to meet deadlines. A list of deadlines will be made available to you to help with this.



## ENRICHMENT

We will be looking at various options to get out and about this year, so watch this space!

**What Next?** This qualification can support further study in H&S Care, Nursing, EYFS and or Care for the Elderly. It can support both apprenticeships and academic study.