

Y12 ROADMAP – LEVEL 3 SPORT & PHYSICAL ACTIVITY

Subject Aim: This course provides students with practical opportunities to develop relevant core knowledge and skills. Students further develop their skills through specialist pathways that help them deliver sport and physical activity to a wide range of participants.

TERM 1	<p>How is sport organised in the UK? What principles underpin coaching and leadership?</p> <p>You will begin Unit 2 Sports coaching looking at the roles and responsibilities involved in delivering sport. You will assist the PE department in setting up drills in PE lessons and giving feedback to students. Unit 3 Sports organisations exam unit introduces how sport is organised in the UK.</p>	 <p>ASSESSMENT</p> <ul style="list-style-type: none"> • Most lessons will test your knowledge using a variety of activities including Knowledge Tests, Q&A and exam questions. • Coursework lessons will be assessed through ongoing assignments to meet P,M,D criteria. • Unit 3 mandatory examination unit will be assessed in January with a resit opportunity in summer. • Unit 2 coursework unit will be assessed across terms 2-5 with moderation in term 6. • Unit 8 coursework unit will be assessed across terms 3-5 with moderation in term 6.
TERM 2	<p>What is the impact of sports development? What are types of skill and practice?</p> <p>Building on knowledge from last term in Unit 3, you will learn the impact of sports development initiatives and campaigns in the UK. In Unit 2 you will begin to lead small groups in drills setup by the teacher and develop your umpiring skills in games.</p>	
TERM 3	<p>How can I get the most out of the exam series? How do you prepare the environment sports activity?</p> <p>You will sit your Unit 3 exam at the beginning of this term. Following that, you will start Unit 8. You will continue Unit 2 focusing on health and safety and minimising risks before, during and after a session. You will also be planning some drills in PE lessons and taking ownership of the delivery.</p>	
TERM 4	<p>What are the roles of individuals at a sporting event? What skills are needed to deliver sessions?</p> <p>We will continue Unit 2 focusing on warm-up and cool down activities for your sessions and begin planning a 6 week block of coaching that you will undertake. In Unit 8 you will look at the roles and responsibilities of individuals needed at a sporting event.</p>	 <p>INDEPENDENT LEARNING</p> <ul style="list-style-type: none"> • Knowledge Organisers are expected to be used weekly to support the learning and recap of key vocabulary as the course progresses. • There will be opportunities to practice crucial retrieval and revision skills with various resources and templates provided. • For some of the lessons there will be flipped learning tasks to prepare for you the lesson content. • You will be required to undertake 1 hour a week coaching/assisting in the PE department for Unit 2. • You will need to manage your time effectively in order to meet deadlines.
TERM 5	<p>How do you plan and deliver a sports event? How do you review sessions?</p> <p>You will be leading a small group of students through a 6 week coaching block of work and reviewing your planning and delivery after each session. You will also be planning and leading a sporting event for a year group as part of your Unit 8 assessment.</p>	
TERM 6	<p>Have I achieved my target grade?</p> <p>This term will see you prepare for your Unit 2 & 8 coursework moderation by checking your assignments and preparing your portfolio for submission. You must ensure you have completed and achieved the criteria in order to reach your target grade.</p>	
 <p>ENRICHMENT</p> <p>We will be looking at various options to get out and about this year, so watch this space!</p>		

What Next?

In Year 13, you will continue with Unit 1 Body Systems examination and Unit 17 Sports Injuries coursework. You will also have the opportunity to resit Unit 1 examination in the summer of Year 13.